

2011

# Epidemiology Journal & GERI

## Research Seminar Series

### Medical and Surgical Treatment Options for Obese Patients

Obesity is an epidemic in the United States today. Over 3 million individuals are morbidly obese (roughly >100 lbs over ideal bodyweight). These individuals are highly unlikely to achieve normal body habitus using medical and dietary supplementation alone. We will discuss the epidemiology of obesity in the United States today and what procedures are available to assist the morbidly obese patient in achieving resolution of his/her obesity and co-morbid conditions. Objectives: - Define obesity and what constitutes an obese patient - Understand the evaluation and work-up of the obese surgical candidate - Select from appropriate medical and surgical recommendations for treatment of obesity - Cite the various types of bariatric surgery and criteria for referral - Understand the positive and negative outcomes of current bariatric procedures - Understand evolving minimally invasive treatments for the morbidly obese patient

### Kevin M. Reavis, MD, FACS

*Assistant Clinical Professor, Department of Surgery  
Division of Gastrointestinal Surgery, University of California, Irvine Medical Center*

Dr. Kevin M. Reavis completed a fellowship in Minimally Invasive Surgery at Ohio State University in June 2007 and joined the UC Irvine faculty thereafter as an assistant clinical professor in the division of Gastrointestinal Surgery. Dr. Reavis received his undergraduate degree from the University of Virginia, in Charlottesville. He received his medical degree from Vanderbilt University in Nashville, TN and completed his residency in General Surgery at Oregon Health & Science University in Portland, OR and has completed several postgraduate training courses in laparoscopic surgery. Reavis is an active leader in the Society of American Gastrointestinal and Endoscopic Surgeons and the American Society for Metabolic and Bariatric Surgery. He is a member of Alpha Omega Alpha Honor Society, the American College of Surgeons, and the Society for Surgery of the Alimentary Tract and the American Medical Association. He has received several awards for his clinical work and research. His main research interests include diseases of the foregut, surgical instrument innovation, endolumenal therapies and surgical education.

**Friday, 12:30 – 1:30 pm**

**May 13, 2011**

Irvine Hall Conference Center, Room 206, UCI Campus

\*\*Also telecast to first floor Conference Room at

Grunigen Medical Library Bldg. 22A at UCI-MC

*Co-Sponsored by the  
Department of  
Epidemiology*

*and the*

*Genetic Epidemiology  
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